



Knitting Pattern for Knitted Knockers using Circular Needles

Materials: Circular needles size 3.5mm, 60cm or 80cm cable is most comfortable for making the 'magic loop', Katia Capri mercerised cotton yarn (or other approved 100% mercerised cotton double knit yarn), 3 stitch markers (one a different colour to denote the end of the round), 1 darning needle.

Front piece

Cast on 3 stitches

Next row: Knit front and back in each stitch (6 stitches)

Place the stitches on the cable, pull up loop (divide stitches) and move two stitches onto the front needle and four stitches onto the back needle.

Place a marker in the middle of the four stitches on the back needle. Now you have three sections.

Start knitting in the round

First round: Knit all six stitches, keeping markers in place.

Second round: Knit to last stitch in each section, make extra stitch by picking up a loop before the last stitch and knitting it. Knit last stitch.

In this way, an extra stitch is added to each section in every round.

Tip: Make sure to pull the yarn tight on the first couple of stitches on each round. This avoids 'ladders' appearing in your work and ensures a soft, contoured look.

You will need to move stitches onto the needle at the start of each section, moving knitted stitches back onto the cable. This forms a circular motion.

Continue in this way until the total number of stitches matches the cup size you are making:

A cup = 84 stitches (finished measurement: 4.5"/ 11 cm diameter)

B cup = 93 stitches (finished measurement: 5"/ 12.5 cm diameter)

C cup = 102 stitches finished measurement: 5.5"/ 14 cm diameter)

D cup = 111 stitches (finished measurement: 6"/ 15 cm diameter)

After a few rounds, you will notice that your work forms a triangle shape as the stitches increase.

Purl next row. This makes a defining line between the front and the back of the knitted knocker.

Back piece (rear of knitted knocker):

Round 1: Knit to last 2 stitches, knit 2 together (each section)

Round 2: Knit 2 together through back of stitches, knit to final 2 stitches, knit 2 together (each section)

Repeat these 2 rounds until 4 stitches remain in each section (12 stitches in total)

Cut yarn, leaving a long tail. Thread tail through remaining stitches and leave loose to allow for filling.

Whilst this can seem an awkward way to knit, using circular needles, it does become easier with practice. Knitting in the round produces a softly contoured knitted knocker, without seams, which is more comfortable for the wearer and avoids any risk of skin irritation possibly caused by sewn seams. Keep going!

